



Animal Nibbles.com

Pet Friendly Recipes

Valentine's Beef Veggie Stew

Dog

Makes: about 1 ½ cups Prep 5 min Cook 15 min

1 tablespoon extra-virgin olive oil

1 celery stalk, finely chopped

¼ cup tomato sauce*

¼ cup chicken broth or water

1 carrot, peeled & shredded

¼ pound ground beef

¼ cup frozen peas

In medium skillet, heat olive oil over medium heat. Add carrot and celery. Cook until slightly softened, about 5 minutes. Add ground beef and cook, breaking up with a wooden spoon, until browned, about 5 minutes. Stir in tomato sauce, peas and broth and continue cooking until warmed through, about 3 minutes

***DO NOT USE TOMATO SAUCE CONTAINING ONIONS OR GARLIC, BOTH OF WHICH CAN BE TOXIC TO CATS AND DOGS.**